

August 2010 "SEASONS"

Volume 4, Issue 8

In This Issue

QUOTABLE QUOTES

SEASONS - Highlights

SEASONS - The Top 7 and a Few Other Resources

CHOOSE TO...

SEASONS - Highlights

Having taken care of today allows one to manage today and be prepared for tomorrow. There is a time for everything and everything happens in its season. Be reminded of your gifts to the world and all they touch.

Ouick Links

Newsletter Archives

Constructive Choices Web Site

About Jean

The Choice Store

Articles & Workshops

Complimentary Coaching Intro

Contact Jean

Quotable Quotes

"We grow neither better nor worse as we get old, but more like ourselves." ~ Mary Lamberton Becker

"Summertime... and the livin' is easy." ~ Ira Gershwin, (Summertime) song from Porgy and Bess

"What you have to remember is that baseball isn't a week or a month but a season - and a season is a long time." ~ Chuck Tanner

"You must take personal responsibility. You cannot change the circumstances, the **seasons**, or the wind, but you can change yourself. That is something you have charge of." ~ Jim Rohn

Dear Reader,

SEASONS - The Top 7 and a Few Other Resources

- 1. The Year Spring, Summer, Fall, Winter
- 2. Our Life Infant, Youth, 'Tweens," Teen, Young Adult, Adult, Senior, Elderly
- 3. Our Education- Kindergarten, Grade School, Middle School, Junior High, High School, Graduate
- 4. Our Career Novice, Intern, Beginner (Entry Level), Practitioner, Professional, Mentor, Advanced
- 5. Our Love Attraction, Getting to Know You, Liking You, A Commitment to You, Loving You, Sharing Life with You
- 6. Our Learning Appreciation of the New, Discovering Our Passion, Choosing Our Goals, Fueling our Intentions, Achieving Success (or Not), Living (and changing) our Path(s), Sharing Our Wisdom
- 7. Our Homes A place to sleep, an abode, a refuge, a nest, a reflection of life's journey

Join Our Mailing List!

Sign up for The
Choice Connection
Today!



BOOKS

The Seasons of Life ~ Jim Rohn & Ronald L. Reynolds
The Seasons of a Man's Life ~ Donald J. Levinson
Seasons of Life: A Poetic Anthology (Literary Classics) ~ Nigel
Collins, Jim Herrick & John Pearce
Washoe Seasons of Life: A Native American Story ~ Karen Wallis,
Diane Domiteaux, & Lea Saling
Guidelines for Finding Your Way:
Encouragement for the Seasons of Life
~ Harold J. Sala

INTERNET RESOURCES

http://hubpages.com/hub/Seasons_In_Our_Life - a fable http://www.guardian.co.uk/environment/2009/oct/10/10-10-tips-greener-life - for a greener happier life

<u>http://www.johnkotre.com/b_seasonsoflife.htm</u> - web pages of John Kotre and Elizabeth Hall

http://www.livinginseason.com/- a calendar of seasons

Wishing you seasons of love which enrich your life's abundance,

Jean



...step outside, take note of the season...breathe deeply...smell, hear, see, feel and taste the rhythm that surrounds you...the energy that can infuse you...and now carry it back inside.

...live in each season as it passes, breathe the air, drink the drink, taste the fruit and resign yourself to the influences of each...Some men think they are not well in spring or summer, or autumn, or winter; it is only because they are not well in them. (Henry David Thoreau's journal, 1853)

Administrivia

My Constructive Choices Audience...

* Professionals wanting to be at choice in their career and daily work,

- * New Managers (and aspiring leaders) transitioning to establish a leadership role in their communities,
- * Individuals wanting to sort through the choices, build a more fulfilling life, lift their voices, and...
- * Coaches who choose to step out, show up, and say YES, it IS all about YOU!

Copyright 2010, All Rights Reserved Constructive Choices New Mexico, LLC.

PO Box 1363 Sandia Park, NM 87047-1363 http://www.constructivechoices.com (505) 286-4079 Email: jean@constructivechoices.com

Please, feel free to distribute this newsletter in its entirety. I only ask you include copyright and subscription information. You may have received this newsletter from a very thoughtful friend and I invite you to pass it along to others.

To subscribe/unsubscribe to the Constructive Choices Newsletter, please, send an email to jean@constructivechoices.com with your request of choice!